



SMCCCD **Disaster Supply Kits**

2024/2025

DISASTER SUPPLY KITS



What are Disaster Supply Kits?

A disaster supply kit, also called a go-bag or emergency kit, is a collection of essential items you prepare in advance to help you and your household survive during and after a disaster. These kits are designed to meet basic needs—such as food, water, first aid, and communication—for at least 72 hours or longer if necessary.

Purpose of Disaster Supply Kits

- **Immediate Preparedness:** In emergencies, you may not have time to gather supplies. A kit ensures you're ready to evacuate or shelter in place quickly.
- **Self-Sufficiency:** Disasters can disrupt utilities, roadways, and supply chains. A kit provides the essentials to survive until help arrives or services are restored.
- **Adaptability:** Kits are tailored to specific disasters (e.g., wildfires, earthquakes) and personal needs (e.g., medications, pet supplies).

Types of Disaster Supply Kits

- **Home Emergency Kit:** Stays in your home and contains enough supplies to sustain everyone in your household for several days.
- **Go-Bag (Evacuation Kit):** A portable version of your kit designed for quick evacuation.
- **Car Emergency Kit:** Kept in your vehicle, this kit includes basic supplies like water, jumper cables, and blankets in case you're stranded during travel.
- **Workplace Kit:** A smaller kit you keep at work containing basic necessities like snacks, water, a flashlight, and comfortable shoes in case you need to shelter in place or walk home.
- **Specialized Kit:** Pet Emergency | Baby & Child Care | Medical Supplies for those with chronic conditions



72 HOURS EMERGENCY SUPPLY

Following a disaster normal supplies that you use in daily living may not be available or inaccessible. It is suggested you have a disaster supply kit that will allow you to be self-sufficient for at least 72 hours.

The composition and size of the kits will vary based on individual needs, family size, and personal preferences. To be considered complete these kits should contain food, water, clothing, tool kits, medical and hygiene supplies to meet everyone's (pets too!!) personal needs.





WHAT TO INCLUDE IN YOUR 72 HOUR DISASTER SUPPLY KIT

A 72-hour disaster supply kit contains essential items to help you and your household survive during an emergency. Here's a comprehensive checklist divided by categories:



Water & Food



First Aid & Medications



Tools & Supplies



Clothing & Shelter



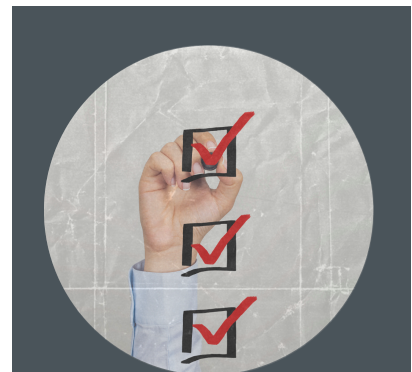
Hygiene & Sanitation



Documents & Communication



Misc. Items



Complete
CHECKLIST
Next Slide

Emergency Checklist

72 hour Disaster Supply Kit

Water and Food

- Water: At least 1 gallon per person per day (3 gallons per person for 72 hours).
- Food: Non-perishable, ready-to-eat items:
 - Canned meals (soups, vegetables, beans)
 - Protein/energy bars
 - Dried fruits and nuts
 - Peanut butter or other spreads
 - Instant oatmeal or dry cereal
 - Baby food or formula (if applicable)
 - Manual can opener
 - Utensils (spoons, forks, and a pocketknife)

First Aid and Medications

- First Aid Kit:
 - Adhesive bandages in various sizes
 - Antiseptic wipes
 - Antibiotic ointment
 - Pain relievers (ibuprofen, acetaminophen)
 - Tweezers, scissors, and safety pins
 - Sterile gauze and medical tape
- Medications:
 - 3-day supply of prescription medications
 - Over-the-counter medications (allergy, stomach relief, etc.)
- Other Health Items:
 - Personal hygiene products (toothbrush, toothpaste, soap)
 - Feminine hygiene supplies
 - Hand sanitizer and disposable gloves

Tools and Supplies

- Flashlight (with extra batteries or hand-crank option)
- Multi-tool or Swiss Army knife
- Whistle (to signal for help)
- Battery-powered or hand-crank radio (for weather and emergency updates)
- Waterproof matches, lighter, or fire starter
- Duct tape and plastic sheeting (for temporary repairs or sealing)
- Rope or paracord
- Small notepad and pen/pencil

Clothing and Shelter

- Extra clothing (weather-appropriate):
 - Sturdy shoes or boots
 - Warm jacket or layers
 - Hats, gloves, and socks
- Emergency blankets or sleeping bags
- Small tent or tarp (for shelter)
- Rain poncho or waterproof gear

Hygiene and Sanitation

- Moist towelettes or baby wipes
- Toilet paper
- Trash bags (for waste disposal)
- Travel-sized soap, shampoo, and deodorant
- Toothbrush, toothpaste, and comb
- Portable camp toilet (optional)

Documents and Communication

- Copies of important documents (stored in a waterproof bag):
 - IDs, passports, and birth certificates
 - Insurance policies
 - Medical records
 - Emergency contact list
- Local maps (highlighting evacuation routes)
- Fully charged cell phone with backup power banks

Miscellaneous Items

- Cash (small bills and coins)
- Small, portable toolkit
- Extra set of keys (house, car, etc.)
- Books, playing cards, or games (to pass time)
- Sunglasses and sunscreen
- Baby and pet supplies (if applicable)



EARTHQUAKE | WILDFIRE | POWER OUTAGE **EMERGENCY CHECKLISTS**

View the detailed Earthquake preparedness checklist of supplies, tools, and actions that individuals or families should prepare in advance to ensure their safety and well-being during and after emergencies or disasters. This checklist is tailored to earthquake preparedness and designed to help you stay organized, act quickly, and reduce stress in critical moments.

Safety and Shelter

- Sturdy shoes and gloves (to protect against broken glass/debris)
- Dust masks (N95 if possible)
- Hard hats (if available) Pry bar or crowbar (to help with escape if trapped)
- Emergency blankets or sleeping bags Extra tarps or tenting materials

Food and Water

- 1 gallon of water per person per day (minimum 3-day supply)
- Non-perishable, ready-to-eat foods (no cooking required)

Tools and Supplies

- Flashlights with extra batteries or headlamps Battery-powered or hand-crank radio (for emergency broadcasts)
- Multi-tool and wrench (to turn off gas/water if needed)
- Heavy-duty trash bags and duct tape

Documents and Communication

- Map with evacuation routes Copies of important documents (IDs, insurance, deeds)
- Contact list of family and out-of-town emergency contacts



EARTHQUAKE | **WILDFIRE** | POWER OUTAGE

EMERGENCY CHECKLISTS

View the detailed Wildfire preparedness checklist of supplies, tools, and actions that individuals or families should prepare in advance to ensure their safety and well-being during and after emergencies or disasters. This checklist is tailored to wildfire preparedness and designed to help you stay organized, act quickly, and reduce stress in critical moments.

Evacuation Essentials

- Go-bag with 72-hour supplies for each family member
- Face masks (preferably N95) to protect from smoke inhalation
- Goggles (to protect eyes from ash and debris)
- Sturdy shoes, long-sleeve shirts, and fire-resistant clothing
- Bandana or wet cloth (to cover face if masks are unavailable)

Communication and Navigation

- Battery-powered or hand-crank radio
- Fully charged phone with backup power banks
- Local maps with marked evacuation routes

Home Protection Tools

- Fire extinguisher
- Hose (connected to an outdoor faucet)
- Shovel and rake (to create defensible space around the home)

Extras for Quick Escape

- Small valuables (jewelry, heirlooms, photos)
- Backup drives or cloud-stored copies of essential files





EARTHQUAKE | WILDFIRE | POWER OUTAGE

EMERGENCY CHECKLISTS

View the detailed Wildfire preparedness checklist of supplies, tools, and actions that individuals or families should prepare in advance to ensure their safety and well-being during and after emergencies or disasters. This checklist is tailored to wildfire preparedness and designed to help you stay organized, act quickly, and reduce stress in critical moments.

- **Lighting and Power**
 - Flashlights, lanterns, and extra batteries
 - Solar-powered or hand-crank phone chargers
 - Glow sticks (for soft lighting at night)
- **Food and Water**
 - Ready-to-eat meals (no cooking required)
 - Cooler with ice packs (for short-term food preservation)
 - Manual can opener
- **Temperature Management**
 - Blankets and warm clothing for cold weather
 - Portable fans (battery-powered) for hot weather
 - Insulated bags to preserve heat or cold
- **Appliance Safety**
 - Surge protector for sensitive electronics
 - Gas stove or camping stove (if safe to use)
- **Communication**
 - Battery-powered or hand-crank radio
 - Extra phone batteries or portable chargers