



Carada College • College of San Mateo • Skyline College

2025 MONTHLY MEDICAL CONTRIBUTION RATES

REGION 1

See footer for Counties served

Effective: January 1, 2025 - December 31, 2025				AFT (Part-time)	
Plan Name	DED CODE	Coverage Level	Full Premium	Portion Paid by District	Employee Out of Pocket
HMO PLANS					
Anthem Blue Cross Select HMO	MAS	Employee Only	\$ 1,256.65	\$ 1,112.90	\$ 143.75
<i>Limited Counties, Not available in San Mateo County</i>		Employee + 1	\$ 2,513.30	\$ 1,958.70	\$ 554.60
		Employee + 2 or more	\$ 3,267.29	\$ 2,546.32	\$ 720.97
Anthem Blue Cross Traditional HMO	MAT	Employee Only	\$ 1,500.40	\$ 1,112.90	\$ 387.50
	MTD	Employee + 1	\$ 3,000.80	\$ 1,958.70	\$ 1042.10
		Employee + 2 or more	\$ 3,901.04	\$ 2,546.32	\$ 1354.72
Blue Shield Access+	MBS	Employee Only	\$ 1,170.17	\$ 1,112.90	\$ 57.27
	MBD	Employee + 1	\$ 2,340.34	\$ 1,958.70	\$ 381.64
		Employee + 2 or more	\$ 3,042.44	\$ 2,546.32	\$ 496.12
Blue Shield Trio HMO	MBT	Employee Only	\$ 1,134.79	\$ 1,112.90	\$ 21.89
<i>Limited Counties, Not available in San Mateo County</i>		Employee + 1	\$ 2,269.58	\$ 1,958.70	\$ 310.88
		Employee + 2 or more	\$ 2,950.45	\$ 2,546.32	\$ 404.13
Kaiser Permanente	MKN	Employee Only	\$ 1,112.90	\$ 1,112.90	\$ 0.00
	MKD	Employee + 1	\$ 2,225.80	\$ 1,958.70	\$ 267.10
		Employee + 2 or more	\$ 2,893.54	\$ 2,546.32	\$ 347.22
United Healthcare Signature Value Alliance	MUA	Employee Only	\$ 1,184.58	\$ 1,112.90	\$ 71.68
		Employee + 1	\$ 2,369.16	\$ 1,958.70	\$ 410.46
		Employee + 2 or more	\$ 3,079.91	\$ 2,546.32	\$ 533.59
United Healthcare Signature Value Harmony	MHH	Employee Only	\$ 1,005.02	\$ 1,005.02	\$ 0.00
<i>Not available in San Mateo County</i>		Employee + 1	\$ 2,010.04	\$ 1,958.70	\$ 51.34
<i>Limited Counties: Santa Clara, Santa Cruz</i>		Employee + 2 or more	\$ 2,613.05	\$ 2,546.32	\$ 66.73
Western Health Advantage HMO	MWH	Employee Only	\$ 914.27	\$ 914.27	\$ 0.00
<i>Limited Counties, Not available in San Mateo County</i>	MWD	Employee + 1	\$ 1,828.54	\$ 1,828.54	\$ 0.00
		Employee + 2 or more	\$ 2,377.10	\$ 2,377.10	\$ 0.00
PPO PLANS					
PERS GOLD PPO (Blue Shield)	MPG	Employee Only	\$ 1,013.70	\$ 1,013.70	\$ 0.00
<i>80/20 Plan, Limited Network</i>	MGD	Employee + 1	\$ 2,027.40	\$ 1,958.70	\$ 68.70
		Employee + 2 or more	\$ 2,635.62	\$ 2,546.32	\$ 89.30
PERS PLATINUM PPO (Blue Shield)	MPP	Employee Only	\$ 1,476.10	\$ 1,112.90	\$ 363.20
<i>90/10 Plan</i>	MPD	Employee + 1	\$ 2,952.20	\$ 1,958.70	\$ 993.50
		Employee + 2 or more	\$ 3,837.86	\$ 2,546.32	\$ 1291.54

Region 1 Serves Counties:

Alameda, Alpine, Amador, Butte, Calaveras, Colusa, Contra Costa, Del Norte, El Dorado, Glenn, Humboldt, Lake, Lassen, Marin, Mariposa, Mendocino, Merced, Modoc, Mono, Monterey, Napa, Nevada, Placer, Plumas, Sacramento, San Benito, San Francisco, San Joaquin, San Mateo, Santa Clara, Santa Cruz, Shasta, Sierra, Siskiyou, Solano, Sonoma, Stanislaus, Sutter, Tehama, Trinity, Tuolumne, Yolo, Yuba