Symptomatic / COVID-19 Positive / Exposure Decision Tree

Aligned with California State and San Mateo County Public Health Guidance

Updates are marked in RED font

COVID-19 Symptomatic
Stay Home (isolate) and Test
(if home antigen test is negative and symptoms persist, follow up with PCR lab test)

Negative
May return to campus if no fever for 24 hrs and symptoms improved.

Positive
Isolation 5-10 days from symptoms presentation

COVID-19 Positive
Isolation
5-10 days from positive test or when symptoms began (whichever came first)

5 day release requires neg home antigen test

Exposure to Confirmed COVID-19 Positive Individual
(Regardless of Vaccination Status)

Was the exposure time indoors, closer than 6ft, and greater than 15 minutes cumulatively?**

** Close Contact Exposure
Being within six feet of a COVID-19 case for a cumulative total of 15 minutes or greater in any 24-hour period within or overlapping the “high-risk exposure period” regardless of the use of face coverings.

Notification
Notify individuals who are considered close contact exposure** within infectious window period includes 2 days prior to testing positive OR presenting with symptoms (whichever came first)

Reporting Procedure

If you are experiencing COVID-19 symptoms:
- Stay home (isolate) and test. Follow COVID-19 Symptomatic guidance

If you have tested positive for COVID-19 (home antigen or PCR lab test):
(stay home and do not come to campus)
- Report at the following URL: https://smccd.edu/return-to-campus/covid-positive-result.php
  (note: students and employees have different form links)

If you think you may have been exposed to someone who tested positive:
- Follow self-assessment guidance for exposure →

Release From COVID-19 Isolation

Individuals can leave isolation between 6 and 9 days if:
- a negative antigen test is achieved
- confirmation of resolved or improved symptom and no fever for 24 hours without fever reducing medication

Isolation directed individuals are automatically released at 10 days when:
- Completion of isolation timeframe is achieved
- Symptoms have resolved or improved and no fever for 24 hours without fever reducing medication

A follow up negative COVID test is NOT required for release at 10 days

COVID-19 Written Program Prevention Plan
https://smccd.edu/return-to-campus/recovery.php#cases
<table>
<thead>
<tr>
<th>Persons Who Test Positive for COVID-19</th>
<th>Recommended Actions</th>
</tr>
</thead>
</table>
| Everyone, regardless of vaccination status, previous infection or lack of symptoms. | • **Stay home (PDF)** for at least 5 days after start of symptoms (or after date of first positive test if no symptoms).  
• Isolation can end after Day 5 if symptoms are not present or are resolving and a diagnostic specimen* collected on Day 5 or later tests negative.  
• If unable to test, choosing not to test, or testing positive on Day 5 (or later), isolation can end after Day 10 if fever-free for 24 hours without the use of fever-reducing medications.  
• If fever is present, isolation should be continued until 24 hours after fever resolves.  
• If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10. If symptoms are severe, or if the infected person is at high risk of serious disease, or if they have questions concerning care, infected persons should contact their healthcare provider for available treatments.  
• Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see masking section below for additional information).  |

*Antigen test preferred.
<table>
<thead>
<tr>
<th>Asymptomatic Persons Who are Exposed to Someone with COVID-19 (No Quarantine)</th>
<th>Recommended Actions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Everyone, regardless of vaccination status. Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop.</td>
<td>• Test within 3-5 days after last exposure. • Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease (see masking section below for additional information). • Strongly encouraged to get vaccinated or boosted. • If symptoms develop, test and stay home (see earlier section on symptomatic persons), AND • If test result is positive, follow isolation recommendations above (Table 1).</td>
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