Isolation / Exposure / Quarantine Decision Tree
Aligned with California State and San Mateo County Public Health Directives & Guidance
(Updates are marked in red font)

COVID-19 Symptomatic (vaccinated & unvaccinated)
Isolate and Test

COVID-19 Positive (vaccinated or unvaccinated)
Isolation 5-10 days from positive test or when symptoms began (whichever came first)
5 day release requires neg antigen home test

Negative
May return to campus if no fever for 24 hrs and symptoms improved.

Positive
Isolation 5-10 days from symptoms presentation

Notification
Only individuals who are directed to isolate, quarantine, or identified as a close contact exposure will be notified.

Guidance for Self-Assessment
Exposure to someone who is COVID-19 Positive
Was the exposure time indoors, closer than 6ft, and greater than 15 minutes cumulatively?**
(regardless of face covering wearing)

No
——
No restrictions applied

Yes
——
Am I vaccinated? ++

Yes
Vaccinated ++
Exempt from quarantine.
- Continue to mask and symptom monitor for 14 days
- COVID-19 testing recommended 5 days following exposure.
If tests positive, isolation for 5-10 days.

No
Quarantine recommended (not required) for 5-10 days
- Continue to mask and symptom monitor for 14 days
- COVID-19 testing recommended 5 days following exposure.
If tests positive, isolation for 5-10 days.

** Close Contact Exposure
Being within six feet of a COVID-19 case for a cumulative total of 15 minutes or greater in any 24-hour period within or overlapping with the “high-risk exposure period” regardless of the use of face coverings.

++ Vaccinated
Completion of COVID-19 vaccination series (2 doses for Pfizer and Moderna OR single dose Johnson & Johnson Janssen)
+ Booster

Reporting Procedure
If you have tested positive or are experiencing COVID-19 symptoms:
(stay home and do not come to campus)
- Report to your supervisor, instructor, or appropriate college staff, and COVID-19 Health Officer (Ray Hernandez, MPH, RRT, RRT-NPS) hernandezr@smccd.edu or (650) 738-7969 (when reporting to Health Officer, provide name, G#, phone, email, last on campus for tracing)

If you think you may have been exposed to someone who tested positive:
- Follow self-assessment guidance for exposure (reporting not necessary to COVID Health Officer)

Release From COVID-19 Isolation
Isolation directed individuals can be released at 5 days if:
- a negative antigen test is achieved and reported to COVID Health Officer
- confirmation of resolved or improved symptom and no fever for 24 hours without fever reducing medication

Isolation directed individuals are automatically released at 10 days when:
- Completion of isolation timeframe is achieved
- Symptoms have resolved or improved and no fever for 24 hours without fever reducing medication

A follow up negative COVID test is NOT required for release at 10 days

COVID-19 Written Program Prevention Plan
https://smccd.edu/return-to-campus/recovery.php#cases
SMCCCD Covid-19 Exposures Report
https://smccd.edu/return-to-campus/exposures-report.php

SMCCCD Isolation / Exposure / Quarantine Decision Tree 1/31/2022
## COVID-19 Symptomatic / Test Positive

<table>
<thead>
<tr>
<th>Persons Who Test Positive for COVID-19 (Isolation)</th>
<th>Recommended Action</th>
</tr>
</thead>
</table>
| Everyone, regardless of vaccination status, previous infection or lack of symptoms. | • Stay home (PDF) for at least 5 days.  
• Isolation can end after day 5 if symptoms are not present or are resolving and a diagnostic specimen collected on day 5 or later tests negative.  
• If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.  
• If fever is present, isolation should be continued until fever resolves.  
• If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.  
• Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information)  
*Antigen test preferred. |

## COVID-19 Exposure: Vaccinated and Boostered OR Vaccinated, but no yet Booster Eligible

<table>
<thead>
<tr>
<th>Persons Who are Exposed to Someone with COVID-19 (No Quarantine)</th>
<th>Recommended Action</th>
</tr>
</thead>
</table>
| • Boosted; OR  
• Vaccinated, but not yet booster-eligible.  
(Refer to CDC COVID-19 Booster Shots to determine who is booster-eligible) | • Test on day 5.  
• Wear a well-fitting mask around others for 10 days, especially in indoor settings (see Section below on masking for additional information)  
• If testing positive, follow isolation recommendations above.  
• If symptoms develop, test and stay home. |

## COVID-19 Exposure: Unvaccinated OR Vaccinated (booster eligible) but not Boostered

<table>
<thead>
<tr>
<th>Persons Who are Exposed to Someone with COVID-19 (Quarantine)</th>
<th>Recommended Action</th>
</tr>
</thead>
</table>
| • Unvaccinated; OR  
• Vaccinated and booster-eligible but have not yet received their booster dose.**  
(Refer to CDC COVID-19 Booster Shots to determine who is booster eligible) | • Stay home (PDF) for at least 5 days, after your last contact with a person who has COVID-19.  
• Test on day 5.  
• Quarantine can end after day 5 if symptoms are not present and a diagnostic specimen collected on day 5 or later tests negative.  
• If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10.  
• Wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see Section below on masking for additional information).  
• Strongly encouraged to get vaccinated or boosted.  
• If testing positive, follow isolation recommendations above.  
• If symptoms develop, test and stay home. |