Isolation / Exposure / Quarantine Decision Tree
Aligned with California State and San Mateo County Public Health Directives

**COVID-19 Symptomatic**
Isolate and Test

- Negative
  - May return to campus if no fever for 24 hrs and symptoms improved.

- Positive
  - Isolation 5-10 days from symptoms presentation
  - May return to campus if no fever for 24 hrs and symptoms improved.

**COVID-19 Positive (vaccinated or unvaccinated)**

- Isolation 5-10 days from positive test or when symptoms began (whichever came first)
- 5 day release requires neg antigen home test

**Exposure to Confirmed COVID-19 Positive Individual (Regardless of Vaccination Status)**

- Was the exposure time indoors, closer than 6ft, and greater than 15 minutes cumulatively?**

  - No
    - No recommendations apply
  - Yes
    - Symptom monitor for 14 days
    - COVID-19 testing 3-5 days following last exposure.
    - If tests positive, isolation for 5-10 days from positive results.

**Reporting Procedure**

*If you have tested positive or are experiencing COVID-19 symptoms: (stay home and do not come to campus)*
- Report to your supervisor, instructor, or appropriate college staff, and COVID-19 Health Officer (Ray Hernandez, MPH, RRT, RRT-NPS) hernandezr@smccd.edu or (650) 738-7969 (when reporting to Health Officer, provide name, G#, phone, email, last on campus for tracing)

*If you think you may have been exposed to someone who tested positive:*
- Follow self-assessment guidance for exposure (reporting not necessary to COVID Health Officer)

**Release From COVID-19 Isolation**

Isolation directed individuals can be released at 5 days if:
- a negative antigen test is achieved and reported to COVID Health Officer
- confirmation of resolved or improved symptom and no fever for 24 hours without fever reducing medication

Isolation directed individuals are automatically released at 10 days when:
- Completion of isolation timeframe is achieved
- Symptoms have resolved or improved and no fever for 24 hrs without fever reducing medication

A follow up negative COVID test is NOT required for release at 10 days

**COVID-19 Written Program Prevention Plan**
https://smccd.edu/return-to-campus/recovery.php#cases

**SMCCCD Isolation / Exposure / Quarantine Decision Tree 5/3/2022**
<table>
<thead>
<tr>
<th>Persons Who Test Positive for COVID-19 (Isolation)</th>
<th>Recommended Action</th>
</tr>
</thead>
</table>
| Everyone, regardless of vaccination status, previous infection or lack of symptoms. | **Stay home** for at least 5 days after start of symptoms (or after date of first positive test if no symptoms).  
- Isolation can end after day 5 if symptoms are not present or are resolving **and** a test performed on day 5 or later is negative.  
- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.  
- If fever is present, isolation should be continued until 24 hours after fever resolves.  
- If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.  
- Per CDPH masking guidance, it is strongly recommended that persons wear a well-fitting mask around others for a total of 10 days, especially in indoor settings. |
<table>
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<tr>
<th>Asymptomatic Persons Who are Exposed to Someone with COVID-19 (No Quarantine)</th>
<th>Recommended Action</th>
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</table>
| • Everyone, regardless of vaccination status.  
• Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop. | • Test between 3-5 days after last exposure.  
• Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease  
• Strongly encouraged to get vaccinated or boosted  
• If testing positive, follow isolation recommendations above.  
• If symptoms develop, test and stay home. |