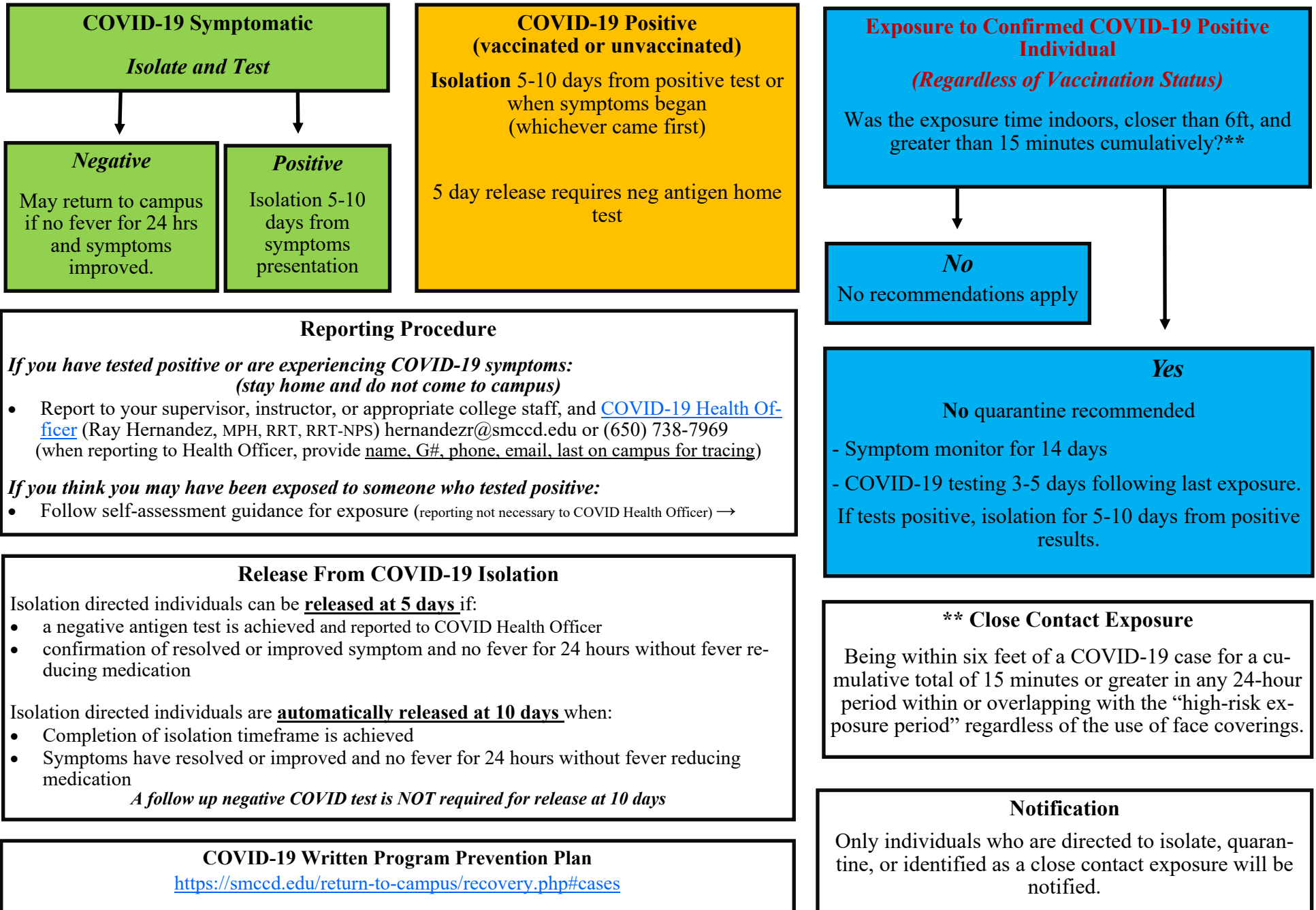


Isolation / Exposure / Quarantine Decision Tree

Aligned with California State and San Mateo County Public Health Directives

Updates are marked in RED font



Persons Who Test Positive for COVID-19 (Isolation)

Recommended Action

Everyone, regardless of vaccination status, previous infection or lack of symptoms.

- **Stay home** for at least 5 days after start of symptoms (or after date of first positive test if no symptoms).
- Isolation can end after day 5 if symptoms are not present or are resolving **and** a test performed on day 5 or later is negative.
- If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10.
- If fever is present, isolation should be continued until 24 hours after fever resolves.
- If symptoms, other than fever, are not resolving continue to isolate until symptoms are resolving or until after day 10.
- Per CDPH masking guidance, it is strongly recommended that persons wear a well-fitting mask around others for a total of 10 days, especially in indoor settings

Asymptomatic Persons Who are Exposed to Someone with COVID-19 (No Quarantine)

Recommended Action

- Everyone, regardless of vaccination status.
- Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop.

- Test between 3-5 days after last exposure.
- Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease
- Strongly encouraged to get vaccinated or boosted
- If testing positive, follow isolation recommendations above.
- If symptoms develop, test and stay home.