

Suggested Use



When should I use my at-home COVID-19 testing kit?

1. If I have symptoms consistent with COVID-19.
2. Assessing recovery status while in isolation at day 5 with rapid antigen test.
(PCR laboratory test no longer recommended for up to 90 days after COVID recovery as they can provide false positive results.)
3. At least 5 days after close contact with someone who has COVID-19.
(If test is negative, may repeat after 48 hours to reassess status.)
4. Before and after travel.
5. When asked by a healthcare professional or public health official.

Additional Resources:

Home Test Video Instructions: https://www.youtube.com/watch?v=qBt_H4Gc-rU

California State Public Health Guidance: <https://covid19.ca.gov/get-tested/#when-to-get-tested>

Center for Disease Control and Prevention Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/testing/self-testing.html>