



"Culture and Hip Hop in Brazil"

July 27- August 10th, 2019

Sample ITINERARY

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Saturday July 27th (D)

AM Leave SFO and Arrive in Rio De Janiero

TBA Transfer to Hotel and check in.

TBA **Visit Sugarloaf Hill** on the way to our Welcome Dinner. From the top of Pão de Açúcar participants will get a literal overview of the city and an unforgettable vision of the its beautiful and unique geography.

7:00pm: Welcome Dinner

(overnight at 3 star hotel)

Sunday July 28th (B, L)

9:00a.m: **Orientation meeting** following breakfast by the local guide and Altruvistas program coordinator on general Brazil travel information and logistics, as well as an overview of the program.

11:30 a.m.: Our day in Brazil begins with a **City Tour**. Our guided tour includes a brief history of the city's important sites with a focus on the diverse architecture of the city. Rio de Janeiro has a long and amazing history (it is nearly 500 years old). Among other things, it was the seat of Portuguese crown for 10 years, making it the only New World city to have been the capital of a European empire. It was the capital of Brazil until 1956, when Brasília was constructed. Participants will hear a brief presentation outlining Rio's history, then go on a guided tour of the city's historical center. Special focus will be on the changes, both positive and negative, wrought through the years by city planning. One highlight is a visit to the **Cais do Valongo** (the Valongo Wharf) that played a major role during the Transatlantic Slave Trade. UNESCO named it a world heritage site in July of 2017.

Lunch

2:00pm : Briefing by a local Historian to discuss the Cultural History of Brazil.

4:00pm Enjoy a ride on the old cable car up to **Santa Teresa, a quaint, historical neighborhood known for its artists' ateliers and lovely views**. After descending, participants will get to know Lapa, one of the most traditional neighborhoods of Rio, famous for its bohemian residents and rich musical heritage. **We will meet the members of 'Tá na Rua, a street theater group**, and then visit a samba bar and get a first taste of Brazilian music and dance.

7:30p.m.: Dinner and evening are free for debriefing, and will give students the opportunity to Journal .

Monday July 29th (B, L)

9:30a.m.: Exchange and meeting with **AfroReggae cultural group, a non profit community organization**. We will learn about their work in restoring hope and peace in the favelas. They are documented in the film **Favela Rising**.

11:30a.m.: Visit to one of their **project sites that is promoting music shows in poor areas**.

Lunch

3:00pm We will stop at the **Federal University's Social Sciences school** in the center (one of Rio's oldest buildings) for an open forum with professors and students. Participants will discuss issues related to economic development and its impact on cities and residents. We will lunch together, offering a chance for one on one conversations and informal interactions.

Dinner Evening on your own: You are free to explore local **venues** privately run restaurants. We can offer a showing tonight at the hotel of **City of God** This groundbreaking film, which has won critical claim both in Brazil and the states, was a major success here, transforming the way Brazilians think of the *favela*. After watching the film, we will speak with some of the actors, who are all actual *favela* residents, about the film and its impact on their lives.

Tuesday July 30th _____ (B,
L)

9:30am Morning is free for Journalling or group check in with Prof. Ulloa.

1100am Explore the **Museum of Negro**. Here we examine the the importance of the AfroBrazilian history, and the role of Catholicism, African based religion as well as myths like the slave Anastacia.

1:00pm Lunch

2:30pm Exchange with **Viva Rio**. one of Brazil's most respected and effective NGOs working with favela-related issues. Unlike many organizations that only carry out studies or write reports, Viva Rio is involved in the day to day life of favela residents, working cooperatively with local community leaders to find solutions. We will spend the morning at their headquarters learning about their many programs and also visiting the editorial offices of vivafavela.com, a unique web portal designed specifically to address the needs of favela residents. We will then visit to the **Cantagalo Favela** where Viva Rio implemented the first of its community policing projects in this favela. Students will get a chance to meet residents as well as community policers, to get a first-hand glimpse of life in the favela. We will also see other community projects, such as a neighborhood community center and a legal aid clinic.

6:30pm Dinner is on your own but we will have a reservation at **Dida Bar e Restaurante**. This is a restaurant owned by a AfroBrazilian woman. It opened in 2015 and offers traditional dishes. On Tuesday nights it offer a popular **pagode samba party**.

Wed. July 31st _____ (B,L)

9:00am We begin our day meeting **Criola**. Criola is a NGO based in Rio de Janeiro. It was founded in 1992 by a group of Afro-Brazilian women from diverse backgrounds. Its mission is to enable Afro-Brazilian women, teenagers and girls to become agents for change in the struggle against racism, sexism, and homophobia, and work for the creation of better conditions of life for the Black population in Brazilian society. The main "lines of action" of the organization include: black women's health; economic development - work and a living wage;

human rights; political action and dialogue; and dissemination of information and publications. CRIOLA is also a member of Projeto Trama, an anti-trafficking consortium of four organizations in Brazil.

11:00am We are off to tour of the **Guanabara Bay** at Praça XV, the site of the first settlements of Rio. We will visit the Paço Imperial, one of the oldest structures still standing in Rio, now converted into a museum and cultural center. Then we will begin our cruise around the Guanabara bay at Ilha Fiscal, a remnant of the last days of Brazil's opulent imperial age. by the director of the Rio State Government's efforts to clean up the heavily polluted bay, we will take a cruise around this beautiful but threatened body of water. We will learn about the history of oil-drilling here, and its disastrous effects on the bay biosystem. We will also see first hand the cleanup efforts, as well as new efforts to create sustainable income-generating activities for local residents. Our tour of Guanabara Bay will make its final stop at **Paqueta Island**, a car-free zone that is part of the municipality of Rio, but feels and looks like a small village from times past. Participants will have a choice of seeing the island's lovely beaches, parks and houses by bicycle or horse-driven carriages, and will interact with the locals.

7:30p.m.: Dinner and evening are free for debriefing, and will give students the opportunity to Journal .

Thursday August 1st

(B, D)

9:00a.m: Optional morning at **Copacabana Beach**.

Lunch

3:00pm : **Meet with local hip hop artists**

4:30pm : **Excursion with the Community Art Project, Rio H2K.** Learn about their performance arts, hip hop camps and social programs. Additionally the feature an annual festival.

7:30p.m.: Dinner with invited guest **Nayt Junior** to talk about politics today in Brazil and the role of AfroDescendants.

Friday August 2nd .

(B, L)

9:00a.m.: Excursion with the MST . We will spend the day visiting the MST (Movimento dos sem terra, **Landless Labor Movement**) settlement in Santa Cruz. In the morning, before going out to the site, we will hear presentations by MST members and lawyers who have defended MST leaders and fought for land reform. Participants will learn the history of the MST as a national movement, its

struggle against Brazil's traditionally inequitable land distribution, as well as the history of the Santa Cruz settlement. Each MST settlement is both an act of political resistance (laborers occupy unused privately held land) and an experiment in community living and often organic farming. We will lunch with settlement members, and spend the afternoon seeing how they live and work, offering participants an excellent chance to interact directly with members of what Noam Chomsky has called the most important social movement in Latin America. We end with a visit to the **Museu do Pontal**, a museum that holds one of the best collections of folk art in Brazil. Housed in a historic country house not far from the Santa Cruz MST settlement, the collection was built by a private collector over the years and has traveled around the world's museums.

Dinner and Evening free to experience the **Pedra do Sal** from 7 pm onwards. They say the birthplace of Samba is here, in "pequena Africa", a community where formally enslaved Africans settled after abolition. Here there is live music and dance.

Saturday August 3rd

(B,L)

9:00am Check out of hotel and leave for the province for **Sao Paulo**.

We will have lunch upon arrival.

2:00pm We start with a City tour including site visits to Pátio do Colégio (The City's Foundation Site); São Paulo Metropolitan Cathedral; Municipal Theater; Paulista Avenue (our Financial Center); Jardins Neighborhood (Fashion District); Ibirapuera Park (our Central Park). We end our day with a visit to the **Football (or Soccer) Museum**. Underneath the bleachers of the historic Paceaambu Stadium we find this museum dedicated to Brazil's love affair with soccer.

5:30pm Check in at hotel and time to rest.

7:30p.m.: Dinner and evening are free for debriefing, and will give students the opportunity to Journal .

Sunday August 4th

(B, L)

9:00am Visit to **Embu**, a small colonial town (40 minutes away from downtown São Paulo) it has many charming arts, handicraft and furniture stores. In addition, a large open fair is excellent to buy gifts, souvenirs, Brazilian stones and all sort of sculptures, paintings, handicrafts in a charming colonial architecture. Highlights include a visit their local church, a 17th-century cathedral built in a simple Baroque style and the Museum of Sacred Art.

Lunch

2:00pm Exchange with the **Casa de Hip Hop Perus** (Ocupação Casa Hip Hop Perus) to learn about their work and cultural offerings.

4:00pm Visit to **A Magica do Hip Hop**, a local music store founded in 2001 featuring “ black music, samba rock, mpb, rap, melodia, flash back, charme, pagode e funk”

7:30p.m.: Dinner and evening are free for debriefing, and will give students the opportunity to Journal . Maybe check out what is happening at the Matilha Cultura Center.

Monday August 5th

(B, D)

10:00am Meeting with a praticionor of **Candomblé**, a syncretic mixture of Catholic and African religious traditions. It involves a pantheon of African gods, all of whom have equivalents among the Catholic saints. These spirits are channeled by priests and priestesses during group ceremonies involving dancing, drumming, and symbolic sacrifices. Participants may respectfully observe a ceremony and speak with community members.

Lunch

2:00pm Exchange with the **Cia das Artes Dance School**. The offer classes from Ballet, to jazz, Capoeira, flash mobs and hiphop.

4:00pm Visit to **CORSA**, an NGO to learn about the struggle for LGbt rights in Brazil today.

7:30p.m.: Dinner and evening are free for debriefing, and will give students the opportunity to Journal .

Tuesday August 6th

(B,L)

10:00am Visit to the University of **Sao Paulo**. We will tour the campus and meet with a representative of the Ars/Design faculty.

Lunch

2:00pm Enjoy a visit to the **Museo Afro Brasil**. The largest museum of its kind in the world, covers over five centuries of cultural contact and mixing between and within Africa and the Americas. With over 6,000 artefacts and

works of art squeezed into a Niemeyer-designed structure in Ibirapuera Park, there's almost too much to see in only one visit, which may just be the idea of the museum's curator, scholar and artist Emanuel Araujo. The museum's collection traces the history of Brazil, with a particular focus on the African element to the country's much-touted cultural mix, showcasing paintings of Afro-Brazilian artisans, sculptures by the descendants of slaves in northeast region of the country, elaborate costumes from Carnival and other festivals, recordings of Afro-Brazilian samba musicians, and works by contemporary black Brazilian artists.

7:30p.m.: Dinner and evening are free for debriefing, and will give students the opportunity to Journal .

Wednesday August 7th

(B,L)

10:00am **Enjoy a Capoeira class.** This Brazilian martial art, and dance form, was created by Africans and was also outlawed and prosecuted by the police until the 1930s, when it became part of the national culture.

Lunch.

2:00pm Exchange with **Hip Hop Organized Movement (MH2O)** and the Bento Group. Here we will learn about their work to validate historical experiences of the national hip-hop movement that were aimed at the prevention and resistance to violence, especially those concerning institutions and police against Black and poor youth living in the outskirts of big cities. The goal is to strengthen campaigns and current experiences by rescuing and disseminating the memory/history of this movement through various platforms: website, social networks, videos, and most of all through the five elements of Hip-Hop: Rap MC, Historian DJ, the Bboy dance, Graffiti and Knowledge, mixing them all together.

The two main groups behind this proposal, the Hip-Hop Organized Movement and São Bento Group - Pioneers of the National Hip-Hop scene, are part of a wide network of hip-hop posses, BBoys crews, graffiti artists, hip-hop artists and groups, as well as several other networks against the genocide of Black youth living in the outskirts of big cities.

4:00pm Visit to a **local Samba School** and learn about the training year long that the community engages in.

7:30p.m.: Dinner and evening are free for debriefing, and will give students the opportunity to Journal .

Thursday August 8th**(B, L)**

9:00am Optional Ecotourism Excursion to **Cantareira State Park and on or Jaraguá State Park.** Sao Paulo is surrounded by the original Atlantic Forest, that forms a big green ring around this huge city. The biggest urban park with forest in the world is located in this area, just 30 minutes away from the city center. We will enjoy a leisurely hike. In this park we can observe various species of birds, plants and animals, besides beautiful small waterfalls.

Lunch

Afternoon free for academic exchanges with our University hosts.

Friday August 9th**(B, D)**

9:00am Optional Ecotourism Excursion to **Cantareira State Park and on or Jaraguá State Park.** Sao Paulo is surrounded by the original Atlantic Forest, that forms a big green ring around this huge city. The biggest urban park with forest in the world is located in this area, just 30 minutes away from the city center. We will enjoy a leisurely 2 hours hike. In this park we can observe various species of birds, plants and animals, besides beautiful small waterfalls.

Afternoon for personal research or reflection. Wrap up meeting facilitated by Professor Ulloa.

7:00pm **Farewell Dinner**

Friday August 10th**(B)**

Am Breakfast and Check out of hotel