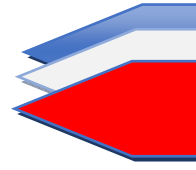


Life & Culture of the Local Area: Cuba Program Overview



July 30, 2017 - August 12, 2017

Day 1: Sunday, July 30, 2017

Morning/Day	Travel from SFO to Havana, Cuba
4:00 pm	Transfer to hotel and check-in
7:00 pm	Welcome Dinner at El Penthouse de 17 y K restaurant
Night	Overnight at the Copacabana

Day 2: Monday, July 31, 2017

9:00 am	Breakfast and orientation by a local guide and Altruistas Program Coordinator on general Cuba travel information, logistics, and the study program overview
11:30 am	<p>City tour of Havana including a brief history of the city's main sites with a focus on the diverse architecture of the city. Walk takes students through Havana's oldest neighborhood to learn about the historic, architectural, and cultural significance of this area which was declared a World Heritage Site in 1982 by UNESCO.</p> <p>Explore the four colonial era main plazas:</p> <ol style="list-style-type: none">1) Plaza de Armas: Originally housed the main administrative buildings of the colony2) Plaza Vieja: Oldest of the plazas

	3) Plaza de la Cathedral: site of the baroque cathedral of Havana
	4) Plaza de San Francisco, site of the basilica of San Francisco and the old Havana stock exchange
Lunch	Lunch in Old Havana
5:00 pm	Lecture and/or time for reflection
7:30 pm	Dinner reservation
Night	Overnight at the Copacabana

Day 3: Tuesday, August 1, 2017

9:30 am	Cuban architect, Miguel Coyula will give a briefing to discuss the history and future of Havana. Learn about the historic development of the capitol and the master plan for restoration of Old Havana through the salvaging of neglected buildings, tourism for restoration investment, and accompanying social services for local residents.
11:30 am	Museo de Bella Artes and the Cuban Fine Arts Museum visit for an overview of Cuban contemporary arts
Lunch	Lunch in Old Havana
3:00 pm	Exchange with the vocational training and community arts project, Arte Corte
Dinner	Students will be on their own for dinner. Students are free to explore local paladares/restaurants.
Night	Overnight at the Copacabana

Day 4: Wednesday, August 2, 2017

9:30 am	Visit the artist studio of AfroCuban artist, Choco
11:00 am	Explore Casa de Africa
Lunch	Lunch at Bodeguita del Medio
2:30 pm	Exchange with two local Cuban Artists, Francisco Gordillo and Eduardo Santos
4:30 pm	Meeting with the AfroCuban Filmmaker Gloria Rolando to discuss her work and storytelling
Dinner	Students will be on their own for dinner. Students are free to explore local paladares/restaurants.
Night	Overnight at the Copacabana

Day 5: Thursday, August 3, 2017

9:00 am	Visit the home of well-known Cuban Photographer, Roberto Salas
11:00 am	Students will go on an excursion with the Muraleando Community Art Project, a community-based art programs in Havana, inspired originally by local neighborhood artists who taught art “in the streets.” Outdoor murals and sculptures, depicting fanciful celebrations of Cuban life, were a natural outgrowth of these art classes. Meet with local artist and co-founder of the project, Manuel Díaz Baldrich Manolo.
Lunch	Lunch at the Paladar of the Jardin de los

Milagros

4:00 pm	Briefing by AfroCuban researcher and investigator, Gisela Arandia at her home for a discussion on gender and race in Cuba
Evening	Time for reflection and dinner with music options
Night	Overnight at the Copacabana

Day 6: Friday, August 4, 2017

9:00 am	Briefing and exchange with a representative of UNEAC to learn about Cuba's work promoting artists and writers.
11:00 am	City tour on bus of modern Havana with stops such as the Jose Marti Revolution ISA, the Cuban Institute for Superior Arts, and more
Lunch	Lunch at Tres Mondeas Paladar
3:00 pm	Briefing and exchange with representative from the Fernando Ortiz Foundation to learn about Cuban national identity and ethnicity at Quisiquaba
Evening	Time for reflection and dinner with music options like the Fabrica de Arte
Night	Overnight at the Copacabana

Day 7: Saturday, August 5, 2017

9:00 am	Check out of the hotel and leave for the province of Matanzas
Lunch	Lunch at a special home visit
Afternoon	Rumba class

Dinner	Dinner will be at the hotel
Evening	Free for lecture, discussion, and to enjoy the pool
Night	Overnight at the Hotel Velasco

Day 8: Monday, August 6, 2017

9:00 am	San Severino Fort and a local book making shop visit
1:00 pm	Lunch
2:30 pm	Ana Perez's house visit to talk about her new youth group and to watch part of their rehearsal
Evening	Time for reflection and dinner with music options
Night	Overnight at Hotel Velasco

Day 9: Tuesday, August 7, 2017

Day	Students will go on an excursion to Varadero. The day is free for students to conduct research.
Evening	Time for reflection and dinner with music options
Night	Overnight at Hotel Velasco

Day 10: Wednesday, August 8, 2017

9:00 am	Depart for Santa Clara Province
Lunch	
2:00 pm	Students will have a briefing and exchange with the representative of Cuba's Friendship

Institute, ICAP, our official host in Cuba.

Topic: Cuban Views on U.S./Cuban Relations and the Effects of the U.S. Embargo on Cuban Development

4:00 pm	Exchange with local artists and visit galleries for contemporary arts expression
Evening	Time for reflection and dinner with music options
Night	Overnight at ANAP Guesthouse

Day 11: Thursday, August 9, 2017

9:00 am	Santa Clara City tour including the Che memorial
Lunch	
3:00 pm	Casa De Abuelos visit to learn about how Cuba cares for its elders
4:30 pm	Exchange with JovenClub
Evening	Time for reflection and dinner with music options
Night	Overnight at ANAP Guesthouse

Day 12: Friday, August 10, 2017

9:00 am	Check out of the guesthouse and return to Havana
Lunch	Will have lunch on the way back to Havana
3:00 pm	Students will participate in a briefing and exchange with a representative from CENESEX to learn about reproductive rights, health issues, LGBT rights, and their "Diversity is

Natural” campaign.

5:00 pm	Feria de San Jose to observe and if desired, to purchase arts and crafts
Evening	Students are free for dinner. There are optional cultural activities such as salsa dancing or ballet.
Night	Overnight at the Hotel Paseo

Day 13: Saturday, August 11, 2017

9:30 am	Excursion to Regla including a walk around town and a brief museum visit
2:30 pm	Students will meet with hip hop artists from Obsession, Alexis and Magica. Students can also enjoy the playas del este and will have time for personal reflection.
7:00 pm	Wrap up meeting and farewell dinner at El Penthouse de 17 y K Restaurant
Night	Overnight at the Hotel Paseo

Day 14: Sunday, August 12, 2017

Morning	Breakfast and check out of hotel
Day	Flight back to California

Program Providers:



STUDY
ABROAD



Contacts

Malia Everette
Altruvistas
CEO/Founder
Malia@altruvistas.com
Tel: (510) 290-0573

Rosalyn Salters
Altruvistas
Operations Director
rosalyn@altruvistas.com

John Ulloa
Skyline College
Professor of History
ulloaj@smccd.edu

Zaid Ghori
SMCCCD Study Abroad
Dir. of Special International Programs
studyabroad@smccd.edu
Tel: (650) 738-7088